

NAME: \_\_\_\_\_ GROUP: \_\_\_\_\_

**THROUGHLINES AND VOCABULARIES: FOOD AND COOKING VERBS, UNCOUNTABLE AND COUNTABLE NOUNS, PRESERVING LIFE.**

# COOKING VERBS

**Vocabulary**  
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## Cooking

slice

grate

mince

mix, stir

grill

taste

bake

roast

fry

boil

chop

clean

pour

peel

serve

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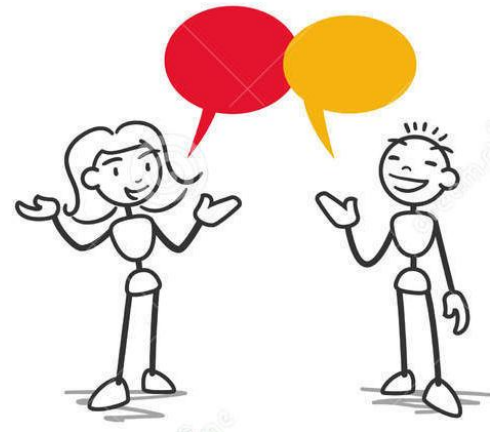
## Activities.

- A. PRESERVING LIFE:
- B. Look for the Vocabulary – **cooking verbs** and review the vocabulary about **food** from the workshop 1.
- C. Solve exercises 1, 2,3 from the worksheet Nº 1 - COUNTABLE AND UNCOUNTABLE NOUNS
- D. Fill in “YOUR TURN NOW 1.
- E. In pairs, make a video with a healthy recipe. Look the guide in the flash card “YUR TOURN NOW 2”. Present it in front of the group or send it to youtube and link in:  
<https://englishconexionambiente.jimdo.com/book-for-visitors/>
- F. Translate the text A HEALTHY LIFE - worksheet Nº 2 - and solve the reading comprehension
- G. Chose a topic and make a poster with healthy habits (in nutrition, sports, dream, use the technologic tools, relationships).
- H. Practice the dialogue and say it with a classmate. Remember you should understand what both are saying.

**A:** Hello, did you have healthy habits in nutrition last year?  
**B:** Oh! Noo , in fact, last year I had a lot of sweets and cookies, all the time I saved sweets in my pocket and during the classes I ate every moment I could, mainly when the teacher did not watch me.  
**A:** Yes, this is an usual habit for students, but there is not healthy.  
**B:** Definitely, but now I take care of a little more by myself  
**A:** What are you doing these days?  
**B:** Well, these days I eat more vegetables and fruits, I reduced the amount of sweet beverages.  
**A.** Pretty well, and what about the sweet in your pocket?  
**B.** Mmm... I am working in that. What about you?  
**A:** It's difficult for me, because I hated the vegetables. I wanted to eat cookies and chips all the time, my mom says I have to change, Now I had less cookies. Next year I will work in that. It's a promise I did my mom.  
**B:** Remember what the teacher says : “MAKE GOOD CHOICES IN FOOD, SO YOUR BRAIN COULD LEARN MORE AND BETTER”.

### DIALOGUE

- A. \_\_\_\_\_
- B. \_\_\_\_\_



- I. Take part actively in the online exercises, so you can improve your English level.



## Worksheet N° I

### COUNTABLE AND UNCOUNTABLE NOUNS

1. Say if the nouns are countable (C), uncountable (U) or both(B).

- |           |                          |               |                          |                    |                          |           |                          |
|-----------|--------------------------|---------------|--------------------------|--------------------|--------------------------|-----------|--------------------------|
| a. beef   | <input type="checkbox"/> | e. sugar      | <input type="checkbox"/> | i. pear            | <input type="checkbox"/> | m. melon  | <input type="checkbox"/> |
| b. coffee | <input type="checkbox"/> | f. strawberry | <input type="checkbox"/> | j. jam             | <input type="checkbox"/> | n. bread  | <input type="checkbox"/> |
| c. peach  | <input type="checkbox"/> | g. tea        | <input type="checkbox"/> | k. a cup of tea    | <input type="checkbox"/> | o. milk   | <input type="checkbox"/> |
| d. onion  | <input type="checkbox"/> | h. pork       | <input type="checkbox"/> | l. a glass of milk | <input type="checkbox"/> | p. butter | <input type="checkbox"/> |

2. Fill in the gaps with a, an or some.

- Can I have \_\_\_\_\_ biscuits and \_\_\_\_\_ glass of milk, please?
- I'd like \_\_\_\_\_ sausages and \_\_\_\_\_ eggs, please.
- I want \_\_\_\_\_ cheese and ham sandwich today.
- Would you like \_\_\_\_\_ apple or \_\_\_\_\_ pear?
- I want \_\_\_\_\_ chocolate ice cream with my fruit salad.
- I'd like \_\_\_\_\_ steak, \_\_\_\_\_ rice and \_\_\_\_\_ green salad.
- Do you want \_\_\_\_\_ chips with your chicken?
- Would you like \_\_\_\_\_ strawberries or \_\_\_\_\_ grapes?
- I'd like \_\_\_\_\_ egg and \_\_\_\_\_ cereals for breakfast.
- Can I have \_\_\_\_\_ milk or \_\_\_\_\_ juice, please?
- Would you like \_\_\_\_\_ beer or would you prefer \_\_\_\_\_ glass of wine?
- Would you like \_\_\_\_\_ wine? And \_\_\_\_\_ cheese, too?
- I want \_\_\_\_\_ jam and \_\_\_\_\_ butter for my toast, please.
- Do you want \_\_\_\_\_ sausages, or would you prefer \_\_\_\_\_ steak?

3. Write the correct form of the verbs in brackets.

- My tea \_\_\_\_\_ too sweet. (be)
- These oranges \_\_\_\_\_ very nice. (not be)
- This steak \_\_\_\_\_ delicious. (be)
- This cheese \_\_\_\_\_ really expensive. (be)
- These egg sandwiches \_\_\_\_\_ great. (be)
- This coffee \_\_\_\_\_ terrible, but the biscuits \_\_\_\_\_ great. (taste /be)



## YOUR TURN NOW 1

Fill in the blanks with the verbs below:

### How to make a potato omelette

beat turn wash break season peel put heat slice cook pour (2)

1. First ..... the potatoes and ..... them.
2. Then ..... the potatoes.
3. Next ..... some oil in a frying pan and ..... it.
4. .... the potatoes in the frying pan.
5. Then ..... the eggs and ..... them.
6. .... the eggs into the frying pan.
7. .... with salt.
8. .... the mixture.
9. Finally ..... the omelette over.

## YOUR TURN NOW 2

Write your favourite recipe:

- Make a list of the ingredients.
- Explain how to make it.

**TIPS:**

Remember to use:

- imperatives or impersonal you
- linking adverbials: first, second, next, then...

## A Healthy lifestyle



The Thomson family has been trying to eat healthy meals for a very long time, but found it difficult to keep it up. Mr and Mrs Thomson work long hours at the hospital, and feel exhausted when they arrive home. They also have three young

children who needed a lot of care. David is eight years old, their daughter Ann is six and the baby is one. It is difficult for the family to cook healthy meals every day. For months, Mrs Thomson has been ordering food during the week, which is delivered after they arrive from work. This is a bad routine, and the Thomson's know this fact very well and have started to worry that their children will get so used to eating fast food; it will be difficult for them to change this habit. For the past two weeks, they have been eating healthy homemade meals and feel very excited about it.

**Answer the following questions:**

1. Does the Thomson family eat healthy meals?

\_\_\_\_\_

2. How many children do they have?

\_\_\_\_\_

3. Who orders food every day?

\_\_\_\_\_

4. Are they worried about their bad eating habits?

\_\_\_\_\_

5. Do you think they will continue to eat homemade food?

Why? \_\_\_\_\_

## **GAMES AND ONLINE REINFORCEMENT ACTIVITIES**

<http://eslgamesworld.com/members/games/grammar/walk%20plank/present%20vs%20past%20tenses/present%20vs.%20past%20tenses.html> - Present vs. past tenses - Walk the Plank Game

This is a game to help practice present vs. past tenses.

<http://eslgamesworld.com/members/games/vocabulary/memoryaudio/food/index.html> - LISTENIG GAME- FOOD

<http://eslgamesworld.com/members/games/vocabulary/memoryaudio/fruits%20colours/index.html> - LISTENIG GAME- FOOD

<https://web2.uvcs.uvic.ca/elc/studyzone/200/reading/smicat1.htm> - Two sisters and the cat – reading

<http://www.web-esl.com/droffice/dr1.html> -AT THE DOCTOR'S OFFICE – LISTENING EXERCISE with complete practice. **This is a very very good exercise**

[https://es.liveworksheets.com/worksheets/en/English\\_as\\_a\\_Second\\_Language\\_\(ESL\)/Cooking\\_vocabulary/Cooking\\_verbs\\_\(listen\\_and\\_learn\)\\_kd2237pp](https://es.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Cooking_vocabulary/Cooking_verbs_(listen_and_learn)_kd2237pp) – vocabulary – cooking verbs



## Preserving life at school - ESF activity

STUDENTS: \_\_\_\_\_ GROUP: \_\_\_\_\_

# POLLUTION

There are lots of environmental problems nowadays, mainly because of pollution. It is the contamination of air, water and soil by different materials that interfere with human health and quality of life.

The emissions from industries and engines, including cars, are big causes of air pollution and simple things that we do at home, like using aerosols, have bad effects on the ozone layer, which protects life on Earth from ultraviolet radiation.

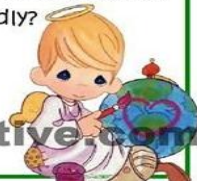
Water is also suffering from pollution by domestic, municipal and also industrial waste.

It is up to us to stop damaging the environment. We all should be environment friendly!



\* Answer the following questions.

1. What is the biggest enemy of the environment?
2. What are the causes of air pollution?
3. What's wrong with aerosols?
4. What is the function of the Ozone Layer?
5. Why is water suffering from pollution?
6. Why do you think we should all be environment friendly?



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\* Complete the sentences with Should/Shouldn't do to save the Earth.

SHOULD

SHOULDN'T

1. We \_\_\_\_\_ burn trees.
2. We \_\_\_\_\_ walk or ride a bike to school.
3. We \_\_\_\_\_ leave the tap running when we're brushing the teeth.
4. We \_\_\_\_\_ turn off the lights and the computer when we leave the room.
5. We \_\_\_\_\_ recycle waste paper, bottles and cans.
6. We \_\_\_\_\_ use aerosols.
7. We \_\_\_\_\_ use low energy light bulbs.
8. We \_\_\_\_\_ drop litter in the streets.



### ACTIVITIES:

- A. Translate the text and solve the worksheet
- B. **How to preserve life at school?** Write 5 sentences using **should** and other 5 sentences using **shouldn't**.
- C. Evaluation with **eco-points**: participate in the ESF campaign . Pay attention to the teacher explanation about this.